

EUSTAR COURSE 2027

Porto, Portugal

4-6 FEBRUARY 2027

Attendee Brochure



Advancing Knowledge in Systemic Sclerosis



ABOUT EUSTAR

The European Scleroderma Trials and Research group, EUSTAR, is dedicated to advancing awareness, understanding, research and education in systemic sclerosis across Europe and worldwide.

Operating under the umbrella of the World Scleroderma Foundation, EUSTAR is an international collaborative network that brings together clinicians, researchers and specialist centres with a shared mission: to improve treatment, quality of life and prognosis for people living with systemic sclerosis.

Founded in 2004, EUSTAR has grown into one of the leading global networks in the field of systemic sclerosis. Its principal research tool is a large multicentre online database, prospectively following more than 30,000 patients across over 200 international centres. Annual medical visits are systematically recorded, creating a unique source of longitudinal observational data and supporting high-quality clinical research.

EUSTAR's collaborative model allows contributing centres to utilise this shared resource for specific research projects. Through this approach, EUSTAR continues to generate robust evidence, foster international collaboration, support future leaders and contribute to improved outcomes for patients with systemic sclerosis.

Beyond research, EUSTAR plays a central role in developing the next generation of systemic sclerosis experts. The EUSTAR Young Investigators Group is supported through initiatives such as fellowship grants that provide early-career clinicians and researchers with the expertise, mentorship and opportunities needed to drive progress in the field. Additionally, EUSTAR organises international educational courses and training programmes

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THE EUSTAR COURSE

Since its inception in 2004, EUSTAR has been dedicated to advancing education, knowledge and clinical excellence in systemic sclerosis. The EUSTAR Course is held biennially and has become an important international forum for specialist learning, scientific exchange and professional networking.

The 2027 edition will take place in Porto, Portugal, marking the first time the course will be hosted in the country. Building on the success of previous editions, including the 2025 course in Bordeaux, EUSTAR Course 2027 will bring together an international community of clinicians, researchers, young investigators and healthcare professionals with a shared interest in systemic sclerosis.

The course is designed for a diverse professional audience, including young doctors developing expertise in systemic sclerosis, as well as medical professionals seeking to deepen their understanding of this complex condition. The programme will provide a comprehensive overview of pathophysiology, diagnosis and treatment, with particular emphasis on early disease, organ involvement, clinical assessment, practical management and both pharmacological and non-pharmacological treatment approaches.

Led by recognised experts in the field, the course combines high-quality scientific content with interactive educational formats. Participants can expect a mix of expert-led lectures, workshops, clinical case-based sessions, panel discussions, roundtable-style exchanges and opportunities to discuss real-life clinical challenges with faculty and peers.

Importantly, the programme is designed not only to transfer knowledge, but also to encourage discussion, exchange and collaboration across the international systemic sclerosis community. Time for questions, informal interaction and networking is built into the course, supporting meaningful engagement between participants, faculty and peers.



EUSTAR Course 2025 Gala Dinner

Who Should Attend?

EUSTAR Course 2027 is intended for clinicians, healthcare professionals, researchers and young investigators with an interest in systemic sclerosis. The course is particularly relevant for:

- Young doctors developing expertise in systemic sclerosis
- Rheumatology trainees and early-career clinicians
- Clinicians involved in diagnosis, treatment and long-term management
- Researchers working in systemic sclerosis and related fields
- Healthcare professionals involved in multidisciplinary care
- Young investigators looking to connect with the EUSTAR community

Whether you are beginning your work in systemic sclerosis or looking to expand and update your knowledge, EUSTAR Course 2027 offers a valuable opportunity to learn from leading experts and exchange with colleagues from across Europe and beyond.



What to Expect

EUSTAR Course 2027 will offer a rich and interactive educational programme focused on practical learning, scientific exchange and clinical application.

Building on the format of previous EUSTAR courses, participants can expect a combination of expert-led lectures, interactive workshops, clinical case-based sessions, roundtable discussions, panel discussions and opportunities for exchange with faculty and peers.

The course will address key aspects of systemic sclerosis, including pathophysiology, early disease, diagnosis, organ involvement, treatment approaches and long-term management. Previous course themes have included early disease and VEDOSS, lung involvement and ILD, PAH, gastrointestinal involvement, cardiac disease, renal crisis, musculoskeletal involvement, vascular complications, non-pharmacological treatment, outcome measures and unmet needs in systemic sclerosis.

The programme is designed to encourage active participation, allowing attendees to ask questions, explore real-world clinical challenges and learn from international experience across EUSTAR centres.

Learning Objectives

By attending EUSTAR Course 2027, participants will have the opportunity to:

- Strengthen their understanding of systemic sclerosis pathophysiology
- Improve knowledge of early disease recognition and diagnosis
- Explore the assessment and management of organ involvement
- Develop practical insight into current treatment approaches
- Consider both pharmacological and non-pharmacological management strategies
- Apply learning through clinical case discussions and interactive sessions
- Engage with expert perspectives on evolving practice and unmet needs
- Learn from international experience across EUSTAR centres
- Build connections within the international systemic sclerosis community
- Support their professional development in systemic sclerosis care and research

Learning, Exchange and Networking

A key strength of the EUSTAR Course is its emphasis on interaction and exchange.

The programme is structured to allow time for discussion, questions and networking, reflecting EUSTAR's commitment to building stronger connections within the systemic sclerosis community.

For young doctors, trainees and early-career researchers, the course offers a valuable opportunity to meet established experts, connect with peers and become more closely involved in the wider EUSTAR network.



Why Attend?

Systemic sclerosis is a complex and heterogeneous disease requiring specialist knowledge, early recognition and multidisciplinary management. EUSTAR Course 2027 offers a focused opportunity to deepen understanding, develop practical insight and engage with current thinking in the field.

Participants will benefit from direct access to recognised experts, a clinically relevant programme, interactive learning formats and exposure to international perspectives in systemic sclerosis care and research.

For those committed to improving knowledge, care and research in systemic sclerosis, EUSTAR Course 2027 provides an important educational and professional development opportunity.

THE CITY OF PORTO

Nestled along the banks of the Douro River in northern Portugal, Porto enchants visitors with its atmospheric streets and rich cultural heritage. With its colourful riverside houses and iconic bridges, Porto blends old-world charm with a contemporary, creative spirit.

For many, Porto is synonymous with Port wine, as the region is world-renowned for producing this distinctive fortified wine. Yet beyond its vineyards and cellars, the historic center of Porto is a UNESCO World Heritage Site, celebrated for its remarkably preserved urban landscape and architectural diversity.

Founded during Roman times and later flourishing as a key trading hub, Porto played an important role in the development of Portugal. Its medieval roots are still visible in the narrow alleys of the Ribeira district, while grand baroque churches and neoclassical buildings reflect centuries of artistic and economic growth.

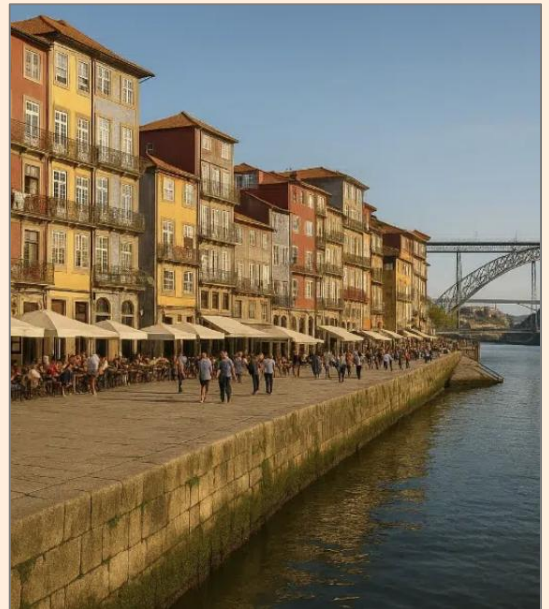
Modern Porto is a lively and welcoming city, where tradition meets innovation. The revitalised riverfront is filled with cafés, restaurants, and local shops, while cultural landmarks such as the Serralves Museum showcase contemporary art and design.

For visitors, Porto offers a rich variety of experiences, from scenic walks along the Douro to tastings in historic wine cellars. Whether enjoying a glass of Port in a riverside terrace or admiring the intricate azulejos that adorn its buildings, travellers are sure to be captivated by the authentic charm of this city.

Join Us in Porto

EUSTAR Course 2027 offers a unique opportunity to advance specialist knowledge, take part in scientific exchange and engage with an international community committed to improving outcomes in systemic sclerosis.

We invite you to join us in Porto from 4–6 February 2027 for three days of expert-led education, interactive learning, case-based discussion and professional networking.



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