

Preliminary course program

Day 1: Thursday, 6 February

Time	Type of session
13:00 – 13:15	Welcome EUSTAR/WSF
13:15 – 13:30	Patient experience: EULAR education program and the SSc initiatives
13:30 – 15:00	Workshop : PATHOGENESIS OF SSc Endothelial injury and Vascular endotypes Immune dysregulation Activation of fibrotic pathways Discussion
15:00 – 15:30	Coffee break
15:30 – 17:00	World Café: VEDOSS, early disease: when does the disease start - ready for early intervention?
17:00 – 17:45	Workshop: How to write a research project?
17:45 – 19:15	 Clinical case-based lectures: Outcome measures Case 1 - How to assess MSK involvement? Sarcopenia in SSc Case 2 - How to assess vascular? Case 3 - How to employ new techniques for lung involvement? Discussion



Day 2 : Friday, 7 February

Time	Type of session
8:00-8:45	Lecture: The 2024 updated EULAR recommendations for treatment
8:45 – 10:00	 Workshops: LUNG ILD How to predict and evaluate the progression of ILD in SSc Antifibrotic in SSc-ILD Immunosuppression in SSc-ILD Round table
10:00 – 10h20	Coffee break
10:20 – 11h10	 Clinical case-based lectures: NON-PHARMAGOLOGICAL TTT Case 1 – Assessment and management of pain and fatigue in SSc Case 2 - DU care Impact of non-pharmacological treatment on SSc course
11:10 - 12:30	 Workshop: Design thinking What are the pillars in the treatment of renal crisis? PPI, yes or no, for how long?
12:30 - 13:45	Lunch break
13:45 – 14h:30	Lecture: How to define disease activity
14:30 – 15:30	 Workshops: HEART: FROM DIAGNOSIS TO TREATMENT Myocarditis in SSc, from diagnosis to treatment Heart failure with preserved ejection fraction in SSc Round table and discussion
15:30-16:30	Coffee break & poster session
16:30-17:30	 Clinical case-based lectures: PAH Case 1 - Diagnosing PAH (DETECT/screening and diagnosing PAH) Case 2 - Managing PAH (treatment and follow-up) Lecture Discussion
17:30-18:30	Interactive Case Studies: Real-life case studies from EUSTAR centers
19:30-23:00	Cocktail and gala dinner

EUSTAR course, Bordeaux 2025

Preliminary course program



Day 3 : Saturday, 8 February

Time	Type of session
8:00-8:45	Lecture: Contribution of Eustar in SSc knowledge
8:45-9:45	 Workshop: GI IN SSc The GI problems in real life How to treat the GI problems (microbiota, treatments) Multiparametric US evaluation of the GI system Round table and discussion
9:45-11:00	 Clinical case-based lectures: Challenges in SSc Case 1 - How to manage calcinosis? Case 2 - How to evaluate and manage myositis?
11:00-11:45	Coffee break & post-test
11:45-13:00	 Panel Discussions with audience polling Results of the post-test: focus on important questions and those with bad results Future of cell therapy in SSc Are there interesting Signatures for SSc care? Biomarkers of the future? Announcement of the winners of the poster contest and prize distribution
13:00-13:15	Closing remarks